

Method to counter oxidation of LDL, decrease triglyceride or cholesterol and inhibit atherosclerosis using Hibiscus sabdariffa extract

Claims

What is claimed is:

1. A method of countering oxidation of low density lipoproteins comprising administering an effective amount of a Hibiscus sabdariffa extract.
2. A method of decreasing triglyceride levels in plasma comprising administering an effective amount of a Hibiscus sabdariffa extract.
3. A method of decreasing cholesterol levels in plasma comprising administering an effective amount of a Hibiscus sabdariffa extract.
4. A method of inhibiting atherosclerosis comprising administering an effective amount of a Hibiscus sabdariffa extract.
5. The method of claim 1, 2, 3 or 4 wherein further comprising combining the said Hibiscus sabdariffa extract with a pharmaceutically acceptable carrier.
6. The method of claim 5 wherein the amount of the said Hibiscus sabdariffa extract is administered in a pharmaceutical unit dosage form which is adapted for oral administration.
7. The method of claim 6 wherein the unit dosage form is a tablet or a capsule.
8. The method of claim 2, 3 or 4 wherein the administering to a human being is accomplished by a daily dose of from about 5 g to about 50 g.

Abstract

A method for countering oxidization of low density lipoproteins, reducing cholesterol or triglyceride in plasma or inhibiting atherosclerosis comprising administering an effective amount of a Hibiscus sabdariffa extract.